

Yuengling®



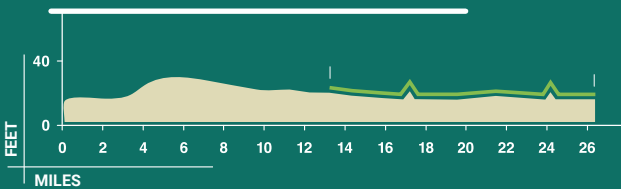
VIRGINIA BEACH, VA

SHAMROCK MARATHON & ANTHEM HALF MARATHON

KEY

- MARATHON, HALF MARATHON & RELAY
- MILE MARKERS
- WATER STOP
in this order at each stop:
water, gatorade endurance, water
(porta-potties will be located at each water stop)
- ENERGY GEL STOP
- LIVE BAND
- DISC JOCKEY
- RADIO STATION

ELEVATION PROFILE



MARATHON CUTOFF TIMES

LOCATION	MILE POINT	CUTOFF TIME
West Gate of JEB Little Creek - Ft. Story	5.78	9:45 am
West Gate of JEB Little Creek - Ft. Story	9.1	10:45 am
Half Marathon Point	13.1	11:28 am
5th Street (Heading out)	15.43	12:07 pm
U-Turn by Prosperity Rd.	18.75	1:02 pm
Camp Pendleton Exit	22.1	1:55 pm
5th Street (Heading back)	23	2:06 pm



ATLANTIC OCEAN

Marathon & Half Marathon
START (42nd Street)

Marathon
MILE 13

Half Marathon
MILE 13

Marathon & Half Marathon
FINISH (Boardwalk on 30th Street)

RELAY
EXCHANGE

Virginia Aquarium

Ocean Breeze Waterpark

Camp Pendleton

RELAY
EXCHANGE

TURNAROUND

Prosperity Rd.