

# SHAMROCK SPORTS AND FITNESS EXPO

## SPEAKER SERIES

### FRIDAY MARCH 16, 2018

2 - 3pm

Jen Yuengling, the 6th generation family business owner of D.G. Yuengling & Son, Inc.

3 - 4:30pm

Bart Vasso, "The Mayor of Running," Former Runner's World Chief Running Officer,

4:30 - 5pm

Dr. Jason M. McHugh, DO, CAQSM - Medical Director

5:15 - 6:45pm

Kara Goucher, Olympian and Elite Runner

### SATURDAY MARCH 17, 2018

12:30 - 1:30pm

Jen Yuengling, the 6th generation family business owner of D.G. Yuengling & Son, Inc

1:30 - 2:30pm

Bart Vasso, "The Mayor of Running," Former Runner's World Chief Running Officer,

2:30 - 4pm

Kara Goucher, Olympian and Elite Runner

4 - 5pm

First time Shamrockers panel with Bart Vasso